



**BERLIN 2017 · GERMANY · SEPTEMBER 13-16**



### FRIDAY, SEPTEMBER 15TH

- 14.15 h**      **Welcome Speech**  
*Dr. Marco Conti – EUSSE President*  
*Prof. Markus Scheibel – SECEC Congress President*

#### KEYNOTE: SPORTING SHOULDER AND ELBOW INJURIES

*Moderators: Dr. Marco Conti & Milena Mirkovic, PT.*

- 14.20-14:35 h**      **Shoulder pacemaker for functional shoulder instability**  
*Dr. Philipp Moroder*

- 14.35-14.50 h**      **Hypermobile shoulders in sport**  
*Anju Jaggi, PT.*

- 14.50-15.05 h**      **Dyskinetic scapula in sport**  
*Susanne Gard, PT.*

- 15.05-15.20 h**      **The kinetic chain and its effect on shoulder injuries**  
*Ian Horsley, PT.*

- 15:20-15.45 h**      **Q+A/Panel discussion**

- 15.45-16.15 h**      COFFEE BREAK 

#### KEYNOTE: SHOULDER INJURIES IN SPORT – CONSIDERATIONS FOR REHABILITATION

*Moderators: Suzanne Gard, PT. & Dr. Philipp Moroder*

- 16:15-16.30 h**      **Shoulder injuries in tennis**  
*Milena Mirkovic, PT.*

- 16.30-16.45 h**      **Shoulder injuries in rugby/boxing**  
*Ian Horsley, PT.*

- 16.45-17:00 h**      **Shoulder injuries in gymnastics**  
*Philippe Oddoux, PT.*

- 17:00-17.15 h**      **Elbow injuries in handball and volleyball**  
*Jelle Heisen, PT.*

- 17.15-17.45 h**      **Q+A/Panel discussion**

- 17.45-18.45 h**      **EUSSE AGM**



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SECEC-ESSSE  
CONGRESSEUROPEAN SOCIETY FOR SURGERY  
OF THE SHOULDER AND THE ELBOW

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SATURDAY, SEPTEMBER 16TH

## CONJOINT SESSION SECEC - EUSSER

## KEYNOTE: RETURN TO PLAY FOLLOWING SHOULDER AND ELBOW INJURIES

Moderators: Anju Jaggy, PT. &amp; Dr. Peter Brownson

- 09.00 h Introduction
- 09.05-09.15 h Shoulder "reconstruction" in goal keepers  
*Dr. Alex Castagna*
- 09.15-09.30 h Return to goal keeping following shoulder reconstruction  
*Ben Ashworth, PT.*
- 09.30-09.45 h Questions and Answers
- 09.45-09.55 h Rotator cuff repairs and return to sports in gymnasts  
*Prof. Markus Scheibel*
- 09.55-10.10 h Rehabilitation of rotator cuff tendinopathy in tennis players  
*Milena Mirkovic, PT.*
- 10.10-10.25 h Q+A/Panel discussion
- 10.25-11.00 h MORNING BREAK
- Moderators: Yasmaine Karel, PT. & Dr. Marco Conti
- 11.00-11.10 h Surgical options for AC joint sprains in contact sports  
*Dr. Raffaele Garofalo*
- 11.10-11.25 h Return to play following AC joint sprain/s  
*Dr. Mauch Frieder*
- 11.25-11.40 h Questions and Answers
- 11.40-11.55 h Elbow MCL reconstruction in throwing athlete  
*Dr. Christian Gerhardt*
- 11.55-12.10 h Return to sport following elbow MCL reconstruction  
*Andre Le Leu, PT.*
- 12.10-12.25 h Q+A/Panel discussion
- 12.25-12.35 h SLAP repair in overhead athletes  
*Dr. Peter Brownson*
- 12.35-12.50 h Return to handball following SLAP repair  
*Ewa Heidvall, PT.*
- 12.50-13.05 h Q+A/Panel discussion
- 13.00-14.00 h LUNCH BREAK





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### SATURDAY, SEPTEMBER 16TH

14.00-15.00 h **PAPER PRESENTATIONS 1**

*Moderators: Ingrid Hultenheim Klintberg, PT. & Yasmaine Karel, PT.*

15.00-16.00 h **PAPER PRESENTATIONS 2**

*Moderators: Andre Le Leu, PT. & Dick Egmond, PT.*

16.00-18.00 h **WORKSHOPS**

16.00-17.00 h **A1 - Upper limb screening tests for return to play**

*Ian Horsley, PT.*

**A2 - Exercise progression for RTP in overhead athletes**

*Susanne Gard, PT.*

17.00-18.00 h **B1 - Manual therapy for elbow rehabilitation in sport**

*Jelle Heisen, PT.*

**B2 - Assessment and rehabilitation principles for the rotator cuff**

*Anju Jaggi, PT.*

