

**BERLIN 2017 • GERMANY • SEPTEMBER 13-16**



### FRIDAY, SEPTEMBER 15TH

- 14.15 h**      **Welcome Speech**  
*Dr. Marco Conti – EUSSE President*  
*Prof. Markus Scheibel – SECEC Congress President*

#### KEYNOTE: SPORTING SHOULDER AND ELBOW INJURIES

*Moderators: Dr. Marco Conti & Milena Mirkovic, PT.*

- 14.20-14.35 h**      **Shoulder pacemaker for functional shoulder instability**  
*Dr. Philipp Moroder*
- 14.35-14.50 h**      **Hypermobile shoulders in sport**  
*Anju Jaggi, PT.*
- 14.50-15.05 h**      **Dyskinetic scapula in sport**  
*Susanne Gard, PT.*
- 15.05-15.20 h**      **The kinetic chain and its effect on shoulder injuries**  
*Ian Horsley, PT.*
- 15.20-15.45 h**      **Q+A/Panel discussion**

- 15.45-16.15 h**      COFFEE BREAK 

#### KEYNOTE: SHOULDER INJURIES IN SPORT – CONSIDERATIONS FOR REHABILITATION

*Moderators: Suzanne Gard, PT. & Dr. Philipp Moroder*

- 16.15-16.30 h**      **Shoulder injuries in tennis**  
*Milena Mirkovic, PT.*
- 16.30-16.45 h**      **Shoulder injuries in rugby/boxing**  
*Ian Horsley, PT.*
- 16.45-17.00 h**      **Shoulder injuries in gymnastics**  
*Philippe Oddoux, PT.*
- 17.00-17.15 h**      **Elbow injuries in handball and volleyball**  
*Jelle Heisen, PT.*
- 17.15-17.45 h**      **Q+A/Panel discussion**
- 17.45-18.45 h**      **EUSSE AGM**



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## SATURDAY, SEPTEMBER 16TH

## CONJOINT SESSION SECEC - EUSSE

## KEYNOTE: RETURN TO PLAY FOLLOWING SHOULDER AND ELBOW INJURIES

Moderators: Anju Jaggy, PT. &amp; Dr. Peter Brownson

09.00 h

Introduction

09.05-09.15 h

Shoulder "reconstruction" in goal keepers

Dr. Alex Castagna

09.15-09.30 h

Return to goal keeping following shoulder reconstruction

Ben Ashworth, PT.

09.30-09.45 h

Questions and Answers

09.45-09.55 h

Rotator cuff repairs and return to sports in gymnasts

Prof. Markus Scheibel

09.55-10.10 h

Rehabilitation of rotator cuff tendinopathy in tennis players

Milena Mirkovic, PT.

10.10-10.25 h

Q+A/Panel discussion

10.25-11.00 h

MORNING BREAK

Moderators: Yasmaine Karel, PT. &amp; Dr. Marco Conti

11.00-11.10 h

Surgical options for AC joint sprains in contact sports

Dr. Raffaele Garofalo

11.10-11.25 h

Return to play following AC joint sprain/s

Dr. Mauch Frieder

11.25-11.40 h

Questions and Answers

11.40-11.55 h

Elbow MCL reconstruction in throwing athlete

Dr. Christian Gerhardt

11.55-12.10 h

Return to sport following elbow MCL reconstruction

Andre Le Leu, PT.

12.10-12.25 h

Q+A/Panel discussion

12.25-12.35 h

SLAP repair in overhead athletes

Dr. Peter Brownson

12.35-12.50 h

Return to handball following SLAP repair

Ewa Heidvall, PT.

12.50-13.05 h

Q+A/Panel discussion

13.00-14.00 h

LUNCH BREAK





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### SATURDAY, SEPTEMBER 16TH

#### 14.00-15.00 h **PAPER PRESENTATIONS 1**

*Moderators: Ingrid Hultenheim Klintberg, PT. & Yasmayne Karel, PT.*

#### 15.00-16.00 h **PAPER PRESENTATIONS 2**

*Moderators: Andre Le Leu, PT. & Dick Egmond, PT.*

#### 16.00-18.00 h **WORKSHOPS**

##### 16.00-17.00 h **A1 - Upper limb screening tests for return to play**

*Ian Horsley, PT.*

##### **A2 - Exercise progression for RTP in overhead athletes**

*Susanne Gard, PT.*

##### 17.00-18.00 h **B1 - Manual therapy for elbow rehabilitation in sport**

*Jelle Heisen, PT.*

##### **B2 - Assessment and rehabilitation principles for the rotator cuff**

*Anju Jaggi, PT.*

