



VENUES
"N. LOUROS" CONFERENCE CENTER,
MITERA HOSPITAL
LABORATORY OF ANATOMY,
MEDICAL SCHOOL, UNIVERSITY OF ATHENS



1-3 /
02 /
2018 /

2nd Athens Shoulder Course

3-Day Course with
Lectures, Cadaver Sessions, Live Surgeries
National and International Faculty

ORGANISER



3RD
ORTHOPAEDIC CLINIC
HYGEIA HOSPITAL
Program Chairman: Manos Antonogiannakis

CO-ORGANISER



SOCIETÀ ITALIANA
DI ARTROSCOPIA (SIA)

SCIENTIFIC PROGRAM

Thursday, February 1st, 2018

08:00 – 08:15

Session 1: Welcome

Welcome to the Athens Shoulder Course | Course Objectives

08:15 – 09:45

Session 2: Instability – General Topics

Arthroscopic Anatomy of the Shoulder

Shoulder Instability. The Rehabilitation Program

First Traumatic Dislocation

Posterior Instability. How to Repair

Multidirectional Instability. When to operate and how

Discussion

09:45 – 11:15

Session 3: Instability – Arthroscopic Soft Tissue Repair

Shoulder Instability. When and How to Operate/Rehab

Bankart Repair. How to Do It Right

Arthroscopic Remplissage. When and How

The Evolution of Implants (from Metal to Soft Anchors)

From Engaging Lesions to On Track – Off Track Lesions

Discussion

11:15 – 11:30 Coffee Break



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11:30 – 13:30

Session 4: Live Surgery

Instability – Bankart & Remplissage

Instability – Bone Block

13:30 – 14:30 Lunch Break

14:30 – 16:15

Session 5: Instability with Bone Defects or Bony Procedures

Bone Defects. Radiologic Evaluation

Open Latarjet. Indications – Results – Complications

Arthroscopic Latarjet. How To Do It

Bone Block. How to Do It

Bone Block. The learning curve. How We Do It

Arthroscopic Subscapularis Augmentation (ASA) technique. What to Expect and How to Do It

Discussion

16:15 – 17:55

Session 6: Shoulder Problems in Athletes

Shoulder Pain in Overhead Athletes. Conservative Management. The Role of the Scapula

Shoulder Pain in Overhead Athletes. When and How to Operate

Impingement Syndromes

Partial SS Repair. In Situ Repair or Competing the Tear

Suprascapular Nerve Pathology in Overhead Athletes

When the AC Joint is the Problem in Overhead Athletes

Discussion



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Friday, February 2nd, 2018

08:00 – 09:40

Session 7: Rotator Cuff – General Topics

Shoulder MRI & MRA Cases

Functional Anatomy of the RC. How We Raise the Arm

Shoulder Function of the Impaired Rotator Cuff. The Compensation Mechanism

Patient Personality and Pain Management

Management of the Stiff Shoulder. Current Concepts

The Role of Physiotherapist in RC Tears. Conservative and Post-Operative Management

Discussion

09:40 – 11:10

Session 8: Repairable Rotator Cuff

Repairing RC Tears. Single or Double Row?

Subscapularis Repair

Tips for Arthroscopic RC Repair of Massive Cuff Tears

MRI Evaluation of "Repaired" Cuff

Augmenting RC Repair with Grafts

Discussion

11:10 – 12:40

Session 9: Irreparable Rotator Cuff

What means "Pseudoparalytic" Shoulder. How to Treat and When

Superior Labrum Reconstruction

Latissimus Dorsi Transfer for Irreparable RC Tears

Long Term Results of Inspace Balloon

Our Experience of Inspace Balloon

Discussion



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12:40 – 13:00 Coffee Break

13:00 – 15:00

Session 10: Live Surgery

Massive Cuff Tear & Balloon

TSA: Anatomic or RSA

15:00 – 16:00 Lunch Break

16:00 – 17:40

Session 11: Total Shoulder Arthroplasty

Nerves Around the Shoulder (Axillary, Radial, Suprascapular). How to Avoid Them

The Evolution of Shoulder Arthroplasty (Anatomic and Reverse). What to Expect Nowadays

Deltopectoral Approach for SA. Tricks and Tips

Anatomic TSA. Tips & Tricks

Resurfacing and Stemless TSA

Complications of Anatomic TSA. How to Avoid and/or Solve

Discussion

17:40 – 19:10

Session 12: Reverse Total Shoulder Arthroplasty

RSA. Tips & Tricks

Medialized Glenoid. The Bio-RSA Solution

The Concept of Lateralization

Infection Affecting TSA. The Infectious Diseases Specialist's Perspective

Infection Affecting TSA. The Surgeon Perspective

Discussion



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Saturday, February 3rd, 2018

Laboratory of Anatomy, Medical School University of Athens

Practical Sessions on Cadavers