

Wrightington Shoulder Course Rehab Day 2016

Wrightington Hospital

16th March 2016

Conference Centre, Wrightington Hospital.

PROVISIONAL PROGRAMME

8.30 Registration

9.00 Welcome by Wrightington Upper Limb Therapy Team: Sarah Russell/Jill Thomas/
Julia Walton/Robert Conlon

Session 1 Chair: Sarah Russell

9.10 Tips and tricks for cuff assessment Martin Scott

9.30 Conservative Management of the Rotator Cuff Chris Littlewood

9.50 Evidence updates, current concepts in cuff repair Puneet Monga

10.10 Questions and close of session 1

10.20 COFFEE

Session 2 Chair: Jill Thomas

10.50 What do we know? Post operative cuff rehabilitation Julia Walton

11.10 The young impinger Ian Horsley

11.50 The dynamic cuff, a researchers perspective Tanya McKenzie

12. 15 Questions and close of session 2

12.30 LUNCH

Session 3 Chair: Julia Walton

13.30 Consensus for Physiotherapy for a patient presenting with shoulder pain.
Ingrid Hultenheim

Session 4 Chair: Robert Conlon

14.10 Clinical cases, practicals and patient demonstrations linked to the above presentations
Faculty

15.30 TEA

15.45 Clinical cases, practicals Continued.

17.00 Close