

Shoulder course 2016

Functional Rehabilitation of the Rotator Cuff Mechanism at the Shoulder

This course will use a lecture/discussion and practical session format to:

- 1) critically evaluate the functional anatomy of the normal shoulder joint
- 2) explore recent research into shoulder muscle function, particularly rotator cuff muscle function
- 3) critically evaluate commonly used methods of assessing and treating shoulder muscle dysfunction
- 4) investigate alternative methods of assessing and restoring shoulder function that better reflects normal functional anatomy
- 5) incorporate functional anatomical principles into the clinical reasoning process to aid in:
 - understanding the anatomical basis for the presenting shoulder symptoms
 - determining the most appropriate exercise rehabilitation strategy

Lecturers

Karen Ginn, Prof. Physiotherapist, Sydney, Australia

Ingrid Hultenheim Klintberg, PhD, Physiotherapist, Gothenburg

Anki Holzhausen, Physiotherapist, Gothenburg



When and where?

13 and 14th May 2016 9 am - 3.30 pm
Lecturehall Kamomillen, House "K"
and the Physiotherapy Department
at Sahlgrenska University Hospital / Mölndal

Apply by e-mail: ortopedidagen.sjukgymnastik.su@vgregion.se

Course fee: 3 500 SEK for EUSSER members (VAT excluded).
4 000 SEK course fee + one year EUSSER basic membership
(VAT excluded).

Lunch and coffee included

Payment by invoice that will be sent out after admission