



REMEDY COURSES.

# The Complete Upper Limb Course

A two-day course designed to provide the MSK clinician with the ability to identify, assess, diagnose and manage presentations of the Upper Limb.

Thomas and Andrew will draw on their experience of working with Upper Limb conditions in a variety of environments; the NHS, private practice, elite sport as well as second opinion clinics. This experience will be augmented by their previous teaching plus contemporary research to ensure that the content reflects our currently understanding.

## Course Objectives:

To provide the MSK practitioner with the core skills on:

- Assessment and differential diagnosis of upper limb disorders,
- Rationalisation of diagnostic interventions for common disorders as appropriate including:
  - Red flags and Masquerades
  - Ruling out the Cervical Spine in Upper Limb conditions
  - Advanced Neurological Examination
  - 'Special tests' that have clinical utility
  - Imaging – when, what and why?
- Symptom modification including the use of the Mulligan Concept to inform both diagnostic and treatment utility
- Rehabilitation of common disorders affecting the Shoulder, Elbow, Wrist and Hand



## Andrew Cuff BSc (Hons) MSc SRP MCSP

Andrew is the Clinical Team Lead ESP Physiotherapist in the Wakefield MSK Service. He combines this role with running 'Sheffield Shoulder Physio' consulting on Shoulder & Elbow cases. He is an active researcher and has taught on the Shoulder & Elbow in the UK and abroad. He is a member of the prestigious British Elbow & Shoulder Society & Committee Member of the European Society of Shoulder & Elbow Rehabilitation (EUSSE).

## Thomas G C Mitchell BSc (Hons) MSc MCTA

Thomas has a background in elite sport and is the Clinical Lead Hand & Wrist ESP for the One Health Group. In 2017, he became the first accredited UK teacher of the Mulligan Concept in 20 years. He is a member of the British Association of Hand Therapists.



**Price:** £250; 10% discount for EUSSE members.

## How do I book?

secretary@remedycourses.co.uk

Tel: 0114 349 1281

**Dates:** 27-28<sup>th</sup> January 2018, Glasgow  
10<sup>th</sup> -11<sup>th</sup> March 2018, London

**Venue:** Remedy House, 24 Wilkinson Street,  
Sheffield, S10 2GB

This is a Mulligan Concept accredited course.

**MULLIGANCONCEPT®**