

# Welcome to

# Shoulder course 2017

## Functional Rehabilitation of the Rotator Cuff Mechanism at the Shoulder

This course will use a lecture/discussion and practical session format to:

- 1) critically evaluate the functional anatomy of the normal shoulder joint
- 2) explore recent research into shoulder muscle function, particularly rotator cuff muscle function
- 3) critically evaluate commonly used methods of assessing and treating shoulder muscle dysfunction
- 4) investigate alternative methods of assessing and restoring shoulder function that better reflects normal functional anatomy
- 5) incorporate functional anatomical principles into the clinical reasoning process to aid in:
  - understanding the anatomical basis for the presenting shoulder symptoms
  - determining the most appropriate exercise rehabilitation strategy

### Lecturers

Karen Ginn, Prof. Physiotherapist, Sydney, Australia

Ingrid Hultenheim Klintberg, PhD, Physiotherapist, Gothenburg



### When and where?

9 am - 3.30 pm

5<sup>th</sup> and 6<sup>th</sup> May 2017

Lecturehall Kamomillen, House "K"

and the Physiotherapy Department

at Sahlgrenska University Hospital / Mölndal

**Apply by e-mail:** [katrina.m.larsson@vgregion.se](mailto:katrina.m.larsson@vgregion.se)

### The registration is binding

**Course fee:** 3500 SEK (VAT not included), 4375 SEK (VAT included)

Lunch and coffee included

An invoice will be sent to you after the course

### Questions? Please contact:

Ingrid Hultenheim Klintberg

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