

Reena Tweddle, Physiotherapist

England, UK

Reena is a Physiotherapy Team Leader at York and Selby National Health Service and works as a senior physiotherapist in the private sector at the Yorkshire Physiotherapy Network based in Leeds. Reena has a specialist interest in rehabilitation of shoulder dysfunction. She teaches the cervical spine and shoulder modules as a guest lecturer at MSc level.

She has an MSc in Musculoskeletal Physiotherapy Practice and is a Certified Pilates Instructor (Australian Physiotherapy Pilates Institute).