

SCIENTIFIC PROGRAMME

WEDNESDAY SEPTEMBER 6

08.00-12.00	Pre Congress course/s 1. Practical application of WIP1 rehabilitation for multidirectional instability of the shoulder - <i>S. Balster (Australia)</i> 2. The spectrum of rotator cuff related shoulder pain: applying an evidence-based approach to what we do in the clinic <i>E. O'Conaire (Ireland)</i> 3. Clinical reasoning to inform the choice of exercises for patients with shoulder dysfunction - evidence & application <i>K. Ginn (Australia)</i>	
12.15-12.45	Rockwood Lecture	
12.50-14.00	Lunch	
13.30-15.00	Congress Start - Keynote address 1. The frozen shoulder: the past, present and future perspective - <i>F. Struyf (Belgium)</i> 2. Defining biomarkers of recovery in patients with rotator cuff tendon disorders - <i>L. Michener (USA)</i>	
15.05-15.35	Kessel Lecture	
16.15-17.15	ICSSSET/ICES Opening Ceremony	
17.15-17.45	COCKTAIL - Societies members meeting	

THURSDAY SEPTEMBER 7

08.30-10.00	Free papers: Shoulder assessment	
	Workshop Non-operative management of shoulder instability: a new clinical framework - <i>M. Olds (New Zealand)</i>	
10.00-10.30	Coffee break	
10.30-12.00	Free papers: Post surgical Rehab Strategies	
12.15-12.45	Codman Lecture	
12.50-13.30	Lunch	
13.30-15.00	Joint ICSSSET/ICES discussion session Management of patients with degenerative rotator cuff tear: surgical or conservative treatment? <i>J.E. Khun (USA), H. Sugaya (Japan), A. Cools (Belgium), J. Gibson (United Kingdom)</i>	
15.05-15.35	Morrey Lecture	
15.35-16.00	Coffee break	
16.00-17.30	Free papers: Shoulder management 1	
16.30-17.30	Workshop Functional Outcomes and Expectations Following Total Shoulder & Reverse Total Shoulder Arthroplasty - <i>M. Zens (USA)</i>	
17.30-18.30	EUSSE AGM	

FRIDAY SEPTEMBER 8

8.30-10.00	Keynote address 1. Comprehensive management of throwing injuries in shoulder & elbow joints - <i>T. Muraki (Japan)</i> 2. The sticky elbow: how to prevent post-traumatic elbow stiffness: tips & tricks for physiotherapists - <i>V. Jones (United Kingdom)</i>	
10.00-10.30	Coffee break	
	Free papers: Shoulder & elbow in sport	
10.30-12.00	Workshop Rotator cuff related shoulder pain: what's new in its assessment & treatment <i>F. Desmeules (Canada), J.S. Roy (Canada), D. Christiansen (Denmark)</i>	
12.15-12.45	Neer Lecture	
12.50-13.30	Lunch	
	Free papers: Shoulder management 2	
13.30-14.30	Workshop Strength testing of the shoulder using a hand-held digital dynamometer - <i>R. Lenssen (Australia)</i>	
14.30-16.00	Focused Symposium Shoulder instability: what is the role of physiotherapy in improving clinical outcome? <i>K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)</i>	
16.10-16.30	ICSSSET/ICES Closing Ceremony	

COLORS LEGENDA

COURSES TO BE PAID APART	ICSET CONGRESS MODULES	ICES + ICSET MODULES	ICES MODULES	COMBINED CERIMONY
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Please note that the program is subject to change without notice. For all updates, please visit the official congress website: www.ices2023.com/icset