

Consultant Physiotherapist, Royal National Orthopaedic Hospital Trust (UK)

A Jaggi Physio Consultancy Ltd - President of EUSSER

Anju qualified from the University of East London in 1992 with a honors degree in Physiotherapy. She started at the Royal National Orthopaedic Hospital (RNOH), Stanmore in 1996 and developed an interest & passion for the shoulder. She has over 17 years experience of managing patients with complex shoulder dysfunction both with respect to physiotherapy and surgical management having worked closely with Senior Orthopaedic Consultants specialising in the Shoulder & Elbow. She lectures internationally and has a particular interest in shoulder instability with published work. She is currently leading on a multi-centre randomized clinical trial (Does Surgery have any added value in atraumatic shoulder instability vs physio alone). As part of her role at the RNOH she is helping to lead on research & development in shoulder dysfunction. She sits on the education committee of the British Shoulder & Elbow Society (BESS) and is currently President of the European Society of Elbow & Shoulder Rehabilitation (EUSSER), invited on to the European Society of Shoulder & Elbow Surgery (SECEC/ESSSE) as a member of the SECEC/Rehab committee.