

The “Stephen Copeland Memorial” Reading Shoulder Physiotherapy Days

Physiotherapists and Allied Health Professionals dedicated Course

10th-11th March 2016 at the Royal Berkshire Conference Centre

Convenors: Ofer Levy and Giuseppe Sforza

Organizing Committee: C Hogg, R Gupta, M Desai, L Sorvico, J Rogers, C Voss.



This exciting two-day course in memory of the late pioneering shoulder surgeon Stephen Copeland is not to be missed by any therapist with a special interest in shoulders!

It will run concurrently alongside the course for shoulder surgeons and two-way crossover between the courses will be allowed.

There will be companies demonstrating and giving short talks on new technologies used in shoulder rehabilitation.

DAY 1 features the “INSIGHT INTO INSTABILITY” SYMPOSIUM and boasts Dr Caroline Alexander on Motor Control and the famous Shoulder Specialist Physiotherapists Ann Cools, Jo Gibson and Anju Jaggi divulging their expertise. There will be patient presentations and panel discussions, and opportunities for Q & A.

DAY 2 features firstly the “HEALING AND TISSUE REPAIR” SYMPOSIUM with two erudite Professors Andrew Carr and Tim Watson on the latest research of its mechanism and how we can effect it.

Our third symposium is the “SPORTING SHOULDER” SYMPOSIUM in which we learn about Biomechanics from Mr Simon Lambert FRCS; Mechanism of Injuries from Mr Matthias Zurnstein, and Clinical Reasoning and Evidence based Rehabilitation by Dr Ian Horsley and Ben Ashworth, renowned sports physiotherapists. Patient presentations and panel discussions will follow.

The fourth and final symposium will be joined with that of the surgeons. We plan surgeons and physiotherapists panels to discuss and engage in lively debate on problem areas and dilemmas that have emerged over the course of the past two days.

Full details of the Provisional Programme and how to register can be seen on the RSU course website
www.mededevents.net/RSU

Invited speakers:

C Alexander, A Cools, J Gibson, A Jaggi, P Brownson, A Carr, T Watson, S Lambert, M Zurnstein, M Conti, B Ashworth, J Relwani and many more...