

Caroline Coulthard

Caroline is an Advanced Physiotherapy Practitioner at Ashford & St Peter's Hospitals NHS Trust. Her primary clinical interests are Upper Limb disorders, Rheumatology, Widespread Pain conditions and biopsychosocial management. She is a member of the MACP after completing her MSc in Advanced Physiotherapy, from which her dissertation on the Management of Atraumatic Shoulder Instability received the both the MACP's Student Research Award and MSc/PGDip Award. It was subsequently presented as a poster at the World Physiotherapy Congress and is soon to be published in a peer-reviewed journal. She has led various successful service development and quality improvement projects within her Trust, and has led in the promotion of broader research activities and an innovation culture within the Trust. This has included her building links with consultants and the wider service, including on the current ARTISAN trial. She is presently taking a lead in training First Contact Practitioners for their Accreditation. In addition to her role in the PRS, Caroline is a member of the Scientific Committee of EUSSER.

